



WHO IS THE HOLY SPIRIT

AND HOW IS HE MY “LIFE COACH”?

And I will pray the Father, and He will give you another Helper, that He may abide with you forever— the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you.

John 14:16-17

Where does the Holy Spirit live?

How long will He live there?

What names are used for the Holy Spirit in this passage?

YOUR LIFE COACH, THE HOLY SPIRIT, IS GOING TO GIVE YOU WARNINGS AND PROMPTS TO HELP YOU FOLLOW GOD.

- Ephesians 5:20 – Don’t grieve the Holy Spirit (you need to stop doing what the Holy Spirit is warning you NOT to do)
- 1 Thessalonians 5:19 - Don’t quench the Spirit (you need to start doing and keep doing what the Holy Spirit is prompting you to do)
- Ephesians 6:1-3 New International Version (NIV) Children, obey your parents in the Lord, for this is right. “Honor your father and mother”—which is the first commandment with a promise— “so that it may go well with you and that you may enjoy long life on the earth.”

The Holy Spirit is NOT your “genie in the bottle” to grant your wishes and make you happy. He is God the Spirit, living inside of you, to help you obey God the Father. The Holy Spirit’s goal is to produce Christlike character in your daily life.